

# *Ms. Sabina Grace Mugford (Norway)*

*(sabina\_mugford@hotmail.com)*



My name is Sabina Grace Mugford and I come from an island called Nesøya located in the Oslo fjord, Norway. My birthplace is Australia although I would usually identify myself as a Norwegian since this is the place I've mainly been raised. Currently I am studying the International Baccalaureate program at high school level in Guangzhou, China.

I have studied in Norway, India and Thailand throughout my primary and secondary education. Also I was selected to volunteer in an NGO called "MOT". This organization works to empower youth's to make better choices and to build an environment for them that is safe. Furthermore, at the age of 15 I spent my summer working as an Au Pair in Vienna, Austria. Thereafter at the age of 18 I spent my summer working as an assistant nurse at an old-people's home called Torstadtunet in Asker, Norway. The things I pursue are often based on the belief that the greatest opportunities you receive, come from the opportunities you create for others.

My goal is to learn more about the world and develop skills and knowledge I can use to make a positive contribution where the opportunities arise. Currently I wish to do so by continuing my studies within humanities. My short term objective is to go forth with my "Action Plan" developed at the YPA Conference in Nepal 2014; to organize "Sail Camp 2014" within my local community. In the long run I think the definition of success is measured by how hard you have tried, not your accomplishments alone.